

Prepared for East Carolina University
Sustainable Hospitality and Tourism
May 5-17, 2024



<p>SUN MAY 5: DEPART USA [-/-/-]</p>	<ul style="list-style-type: none"> • Flight details TBD; airfare not included • Bring your COVID vaccine card with you if required • Bring copies of any online visas you filled out in advance
<p>MON MAY 6: ARRIVE DUBLIN - GALWAY [-/-/D]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> • Upon arrival at Dublin airport, go through customs and proceed to the arrivals hall where you will meet your program guide/coordinator. <u>Guide/coordinator will remain with your group until departure on May 17th</u> • Transfer by private coach to Galway (2.25 hrs); often referred to as the City of Tribes, Galway was once home to fourteen famous merchant families and served as a very important port for trade • En route visit the ancient castle in Athenry • Lunch on your own in Athenry • Continue to Galway and check into the hotel on arrival • Group Welcome Dinner at local restaurant • Overnight at <u>The Maldron Hotel</u> or similar
<p>TUE MAY 7: GALWAY [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> • Breakfast at hotel • Morning: Meet with a member of the Tourism and Hospitality Department at Atlantic Technological University (Formerly known as GMIT) • Afternoon: Free time for lunch in Galway city followed by a walking tour of Galway with local expert, where you will take in many of the historical aspects of Galway including Eyre Square, St Nicholas' Cathedral and the Spanish Arch • Free time at leisure • Lunch and dinner on own expense • Overnight at The Maldron Hotel or similar
<p>WED MAY 8: GALWAY - CONNEMARA [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> • Breakfast at hotel • Depart for the Irish speaking region of Connemara, known for its natural beauty and wilderness, and home to soaring mountain ranges, placid lakes and idyllic villages • Visit the town of Clifden where you will have the opportunity to interact with local experts discussing topics such as support mechanisms and how to sustain sustainability <i>(* Sustainable Connemara is not currently in operation but we have other contacts in the vicinity that we can use)</i> • Continue on towards Kylemore Abbey, built in the late 19th century and now owned by the Benedictine community • Free time for lunch at Kylemore Abbey and time to explore the grounds and interiors • Return to Galway in the evening; en route, stop at the village of Spiddal with free time for dinner <i>(*Dinner might have to be in Galway as many</i>

	<p><i>places in Spiddal are now closed for housing Ukranian Refugees)</i></p> <ul style="list-style-type: none"> ● Lunch and dinner on own expense ● Overnight at The Maldron Hotel or similar
<p>THU MAY 9: GALWAY - DERRY [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel ● Depart Galway this morning for the city of Derry (3.75hrs) in Northern Ireland ● En route, visit the lively town of Sligo where there will be free time for lunch ● Visit the Cemetery of Drumcliff, Co. - the final resting place of one of Ireland's most famous literary giants, WB Yeats; meet with a member of the committee that runs the site to learn about the business of running a popular attraction and the issues they face in keeping the site sustainable ● Continue to Derry ● Lunch and dinner on own expense ● Overnight at <u>The Maldron Hotel Derry</u> or similar
<p>FRI MAY 10: DERRY - DONEGAL [B/L/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel ● Join a local expert for a morning walking tour of Derry city; learn about the city's history while walking the walls and learn how tourism is growing there again after the Troubles ● Depart Derry for county Donegal (1hr)- cross the border back into the Republic of Ireland and visit the village of Crolly ● Lunch in Leo's Tavern; accompanied by traditional music and songs from the owners of the pub, who are members of Irish group Clannad ● Visit Ireland's second-largest national park, Glenveagh National Park; enjoy free time to explore the gardens and hike through the wilderness of the dramatic landscape. (<i>*The park no longer hosts guided tours post-Covid</i>) ● Return to Derry via the Poison Glen ● Dinner on own expense ● Overnight at The Maldron Hotel Derry or similar
<p>SAT MAY 11: DERRY - BELFAST [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel + check-out ● Depart via private coach for Belfast (1.25hrs); en route visit the Giant's Causeway along the Antrim Coast, a UNESCO World Heritage Site, which according to local legend was created by Fionn Mac Cumhaill, a hero in Irish mythology ● Visit the Carrick-a-Rede Rope Bridge where spectacular views of the Causeway Coast can be enjoyed (<i>*Currently closed to group tours, so as an alternative the group can do a coastal drive into Belfast with stop in Carrickfergus</i>) ● Free time for lunch in the nearby village of Bushmills / Ballycastle ● Continue to Belfast, arrival and check-in at hotel followed by free time at leisure ● Lunch and dinner on own expense ● Overnight at <u>Holiday Inn Belfast City Centre</u> or similar

<p>SUN MAY 12: BELFAST [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel ● Take a Black Taxi Tour through different areas of Belfast; many areas were badly affected during the Troubles, and this is depicted on the murals that still decorate the walls. During this tour, the drivers will talk about Belfast's recent history and how tourism has been growing in the last few years. ● Afternoon: project time ● Lunch and dinner on own expense ● Overnight at <u>Holiday Inn Belfast City Centre</u> or similar
<p>MON MAY 13: BELFAST - ARMAGH [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel ● Visit the city of Armagh (1hr) to explore St. Patrick's Cathedral and the Armagh Robinson Library. Here you will be met by members of the Library who organize tourism events in the area and are also responsible for the local museum. They will discuss the history and significance of the buildings whilst also discussing the challenges with bringing and promoting tourism into the smaller, lesser known parts of Ireland ● Free time for lunch on own in Armagh City ● Return to Belfast for a Free evening ● Dinner on own expense ● Overnight at <u>Holiday Inn Belfast City Centre</u> or similar
<p>TUE MAY 14: BELFAST - DUBLIN [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel + checkout ● Depart for Dublin (2hrs); en route, visit the heritage town of Kells, original home of the Book of Kells and the location of many fine examples of early Christian architecture, including high crosses, towers and churches. During a visit to Kells Courthouse learn about the work of the local community in developing tourism and promoting their heritage town ● Continue to Brú na Bóinne, or Palace of the Boyne. This ancient settlement is over 5,000 years old and is home to one of Europe's largest collections of prehistoric megalithic art. The three large passage tombs at Brú na Bóinne are Newgrange, Knowth and Dowth ● Afternoon: Free time for lunch on your own at the Visitor Centre of Brú na Bóinne ● Continue to Dublin ● Dinner on your own expense ● Overnight at <u>Academy Plaza Hotel</u> or similar
<p>WED MAY 15: DUBLIN - WICKLOW [B/-/-]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> ● Breakfast at hotel + checkout ● Depart via private coach for a full day trip to the Glendalough and the picturesque villages of Co. Wicklow ● Visit Glendalough, a 6th century monastic site located in the heart of Wicklow Mountains National Park. Enjoy a guided tour of Glendalough, followed by free time to walk through the site and explore the surrounding lakes and forests ● Free time for lunch on your own in the village of Roundwood ● Return to Dublin through the scenic Wicklow Mountains National Park, with photo stops at Lough Tay and the Sally Gap ● Dinner on your own expense

	<ul style="list-style-type: none"> • Overnight at <u>Academy Plaza Hotel</u> or similar
<p>THU MAY 16: DUBLIN [B/-/D]</p> <p>✓ Full day guide/coordinator ✓ Full day private coach</p>	<ul style="list-style-type: none"> • Breakfast at hotel + checkout • Visit the Book of Kells and the Long Room at Trinity College Dublin. The Book of Kells is one of the world's most famous mediaeval manuscripts. Written in Latin, it is an elaborate illustration of the four gospels. The Long Room is the largest single-chamber library in the world. • Meet a member of the Irish Hotels Federation to learn about the importance of the hotel industry to the Irish economy, and the unique challenges faced by Dublin hoteliers in delivering hotel space to the market. • Free time for lunch on your own and to explore Dublin. Suggestions include the National Museum, Kilmainham Gaol and the National Gallery of Ireland • Group Farewell dinner at a local restaurant • Overnight at <u>Academy Plaza Hotel</u> or similar
<p>FRI MAY 17: DUBLIN - USA [B/-/-]</p> <p>✓ Private coach and guide/coordinator for group transfer, hotel to airport</p>	<ul style="list-style-type: none"> • Breakfast at hotel, followed by check-out • Transfer to airport via private coach for your flight home • Part ways with your guide/coordinator • Flight details TBD; airfare not included